

## SoyaMax™: The Healthy Protein

Like animal protein, soy protein provides all the essential amino acids. However, it contains very little fat and no cholesterol.

SoyaMax™ is formulated with soy protein isolate, which contains small amounts of many essential minerals, as well as other important compounds such as isoflavones. Isoflavones may help maintain optimal bone health by retaining calcium.\* SoyaMax contains a guaranteed level of naturally occurring soy isoflavones.

With one of the highest concentrations of soy protein available today, SoyaMax also has a low fat content and is naturally low glycemic. Each serving contains 24 grams of soy protein and only one gram of fat. SoyaMax is an outstanding source of low-fat, cholesterol-free, vegetarian protein, and is easily digestible. All soy in USANA® Foods is from non-genetically modified organisms (non-GMO).

## Using SoyaMax™

Simply add one (1) or two (2) scoops of SoyaMax to mixed Nutrimeal™, Fibergy™, juice, or your favourite beverage. Mix to taste.

SoyaMax can also be added to cereals, baked goods, soups, and sauces to fortify the protein content.

| SOYAMAX NUTRITIONAL INFORMATION |                          |                        |
|---------------------------------|--------------------------|------------------------|
| SERVINGS PER PACKAGE: 14        |                          |                        |
| SERVING SIZE: 2 SCOOPS (29 g)   |                          |                        |
|                                 | QUANTITY<br>PER SERVING* | QUANTITY<br>PER 100 g* |
| Energy                          | 445 kJ (106 Cal)         | 1540 kJ (367 Cal)      |
| Protein                         | 24 g                     | 80 g                   |
| Fat, Total                      | 1.2 g                    | 4 g                    |
| — Saturated                     | 0 g                      | 0 g                    |
| Cholesterol                     | 0 mg                     | 0 mg                   |
| Carbohydrate                    | 1.3 g                    | 4.4 g                  |
| — Sugars                        | 0.8 g                    | 2.9 g                  |
| Sodium                          | 240 mg                   | 830 mg                 |
| Potassium                       | 360 mg                   | 1240 mg                |
| Soy isoflavones                 | 47 mg                    | 147 mg                 |
| † AVERAGE QUANTITIES            |                          |                        |

INGREDIENTS: Soy protein isolate, natural flavours

## USANA® Foods Macronutrition

### SoyaMax™

- SoyaMax™ contains 24 grams of soy protein per serving
- Contains a high-quality soy protein isolate
- Guaranteed levels of naturally occurring soy isoflavones
- Naturally low glycemic
- Vegetarian safe

### Mild Vanilla SoyaMax

ITEM# 200

