

USANA Snacks



Have you ever been tempted to reach for a not-so-healthy snack, only to hesitate when you consider your weight?

Introducing! USANA's delicious protein snacks...

These delectable snacks will give you all the indulgence you crave with some extra healthy benefits. Each of them is **Low GI** and **packed with protein** so they'll fill you up for longer without spiking your blood sugar. They're healthier alternatives to high-sugar, high-calorie snacks.

Also, all three of USANA's delicious protein snacks are **formulated without gluten**, which makes them a good option if you have gluten intolerance.* USANA does not use ingredients that contain genetically modified substances (**Non-GMO**) in the manufacture of these snacks. And, the **new baked technology** USANA utilises to create these snacks gives them a great flavour, texture, and taste.

Making the transition from a not-so-healthy diet to a nutritious one is now so much easier with USANA's delicious protein snacks!

Choco Chip™

This soft and chewy chocolate chip protein snack will give you the same comfort as your home-baked versions, without the guilt.

Protein: 11g Calories: 160 Fat: 5g

Peanutty Bliss™

When you want big peanut butter flavour, reach for this delicious protein snack loaded with rich peanut butter chips and topped with smooth peanut butter icing.

Protein: 11g Calories: 160 Fat: 6g

Fudge Delite™

This luxurious soft-baked protein snack will give you all the chocolaty taste you love with rich chocolate chips baked right in.

Protein: 12g Calories: 180 Fat: 6g

Enjoy them guilt-free every day!

NUTRITIONAL INFORMATION		
SERVINGS PER CONTAINER: 14		
SERVING SIZE: 1 SQUARE (38 g)		
	QUANTITY PER SERVING†	QUANTITY PER 100 g†
ENERGY	669 kJ (160 CAL)	1760 kJ (421 CAL)
PROTEIN	11 g	28.9 g
FAT, TOTAL	5 g	13.2 g
- SATURATED	3 g	7.9 g
- TRANS	0 g	0 g
- POLYUNSATURATED	1 g	2.6 g
- MONOUNSATURATED	1 g	2.6 g
CHOLESTEROL	15 mg	39.5 mg
CARBOHYDRATE	17 g	44.7 g
- SUGARS	7 g	18.4 g
DIETARY FIBRE, TOTAL	1 g	2.6 g
- SOLUBLE FIBRE	0.5 g	1.3 g
- INSOLUBLE FIBRE	0.5 g	1.3 g
SODIUM	180 mg	474 mg
POTASSIUM	60 mg	158 mg
† AVERAGE QUANTITIES		

NUTRITIONAL INFORMATION		
SERVINGS PER CONTAINER: 14		
SERVING SIZE: 1 SQUARE (38 g)		
	QUANTITY PER SERVING†	QUANTITY PER 100 g†
ENERGY	669 kJ (160 CAL)	1760 kJ (421 CAL)
PROTEIN	11 g	28.9 g
FAT, TOTAL	6 g	15.8 g
- SATURATED	3 g	7.9 g
- TRANS	0 g	0 g
- POLYUNSATURATED	1 g	2.6 g
- MONOUNSATURATED	2 g	5.3 g
CHOLESTEROL	15 mg	39.5 mg
CARBOHYDRATE	18 g	47.4 g
- SUGARS	9 g	23.7 g
DIETARY FIBRE, TOTAL	1 g	2.6 g
- SOLUBLE FIBRE	0.5 g	1.3 g
- INSOLUBLE FIBRE	0.5 g	1.3 g
SODIUM	180 mg	474 mg
POTASSIUM	60 mg	158 mg
† AVERAGE QUANTITIES		

NUTRITIONAL INFORMATION		
SERVINGS PER CONTAINER: 14		
SERVING SIZE: 1 SQUARE (43 g)		
	QUANTITY PER SERVING†	QUANTITY PER 100 g†
ENERGY	752 kJ (180 CAL)	1750 kJ (419 CAL)
PROTEIN	12 g	27.9 g
FAT, TOTAL	6 g	13.9 g
- SATURATED	3 g	7 g
- TRANS	0 g	0 g
- POLYUNSATURATED	1 g	2.3 g
- MONOUNSATURATED	2 g	4.7 g
CHOLESTEROL	20 mg	46.5 mg
CARBOHYDRATE	20 g	46.5 g
- SUGARS	9 g	20.9 g
DIETARY FIBRE, TOTAL	1 g	2.3 g
- SOLUBLE FIBRE	0.5 g	1.2 g
- INSOLUBLE FIBRE	0.5 g	1.2 g
SODIUM	200 mg	465 mg
POTASSIUM	37 mg	86 mg
† AVERAGE QUANTITIES		

USANA Snacks

- High in Protein
- Low GI
- Formulated without Gluten†
- Non-GMO**
- Tastier and nutritious snack alternatives
- Available in 3 delicious varieties



*No gluten or eggs are used in this product. Manufactured on equipment that also processes products containing wheat, milk, soy, egg, peanuts, and tree nuts.

**Does not contain any genetically modified organisms.

Choco Chip™

ITEM# 235



Peanutty Bliss™

ITEM# 236



Fudge Delite™

ITEM# 237

